

7th Annual

USFS South Florida Basic Skills Series

Pines Ice Arena, Kendall Ice Arena, Glacier Ice & Snow Arena and SkateZone



Hosted by:

***Pines Ice Arena, Kendall Ice Arena,
Glacier Ice & Snow Arena and SkateZone***

Approved by USFS Basic Skills Committee

Events to take place at:

Pines Ice Arena

Date: February 13, 2010

12425 Taft Street

Pembroke Pines, FL 33028

954-704-8700 (F) 954-442-1700

Competition Director: Rachel Marks

Competition Application Deadline: January 13, 2010

Kendall Ice Arena

Date: April 11, 2010

10355 Hammocks Blvd

Miami, FL 33196

305-386-8288 (F) 305-386-6112

Competition Director: Kent Johnson

Competition Application Deadline: March 11, 2010

Glacier Ice and Snow Arena

Date: May 2, 2010

4601 North Federal Hwy.

Lighthouse Point, FL 33064

954-943-1437 (f) 954-781-1966

Competition Director: Lisa Smith

Competition Application Deadline: April 2, 2010

SkateZone

Date: June 6, 2010

8125 Lake Worth Road

Lake Worth FL 33467

561-963-5900 ext. 307 (F) 561-963-5970

Competition Directors: Jason Kane/Jennifer Kane

Competition Application Deadline: May 6, 2010

Competition Website: basicskillsflorida.com

MISSION STATEMENT: To give Florida skaters a chance to develop their USFS Basic Skills in a fun competitive environment. During the competition season skaters will have the chance to compete at four different arenas and earn points for a final standing. *Trophies will be awarded to all skaters who compete in at least 3 of the 4 scheduled competitions.* See "Series" Point System Rules.

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COMPETITION ANNOUNCEMENT

The **South Florida USFS Basic Skills Competition Series** is sponsored equally by and will be held at Pines Ice Arena, Kendall Ice Arena, Glacier Ice and Snow Arena and SkateZone. Competition packages will be available on the official competition website (basicskillsflorida.com) and at all four arenas before and during the run of the “Series”. Competition information and Results will be posted at each rink and on the official competition website: www.basicskillsflorida.com.

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater’s competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the local organizing committee discovers that a skater has been placed in a category that is below their class level, the chair and referee will have the option to move the skater into the proper division, even if this has to be done the day of the competition. This will ensure that every event is as fair as possible to the competitors.

ENTRIES AND FEES - All entries must be postmarked no later than one month before the competition date of each arena. The first event is \$55.00 and each additional event is \$25.00. Entry fees are per person, and must be paid in U.S. dollars. **Late entries will be accepted at the discretion of the competition director of the arena in question, and will be subject to an administrative fee of \$15.00.**

There will be NO REFUNDS after the closing date, unless an event is canceled by any of the 4 sponsors. **ENTRY FORMS MUST BE FILLED OUT COMPLETELY** and returned with fees. Check / Money Order must be made payable to the corresponding arena. A \$20.00 fee will be charged for returned checks.

AWARDS – Medals will be awarded by the organizers of each competition to the 1st, 2nd and 3rd place winners in each competition, 4th, 5th and 6th place will receive ribbons. **Any skater who competes in a minimum of two (2) events in at least three (3) of the four “Series” competitions will be eligible to win final placement trophy.** Please note that only the elements/compulsory and freeski events count in the final points tabulation. (Please see the attached point system chart).

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SCHEDULE OF EVENTS - Will be faxed or emailed to each participating arena (for posting) no later than one week prior to the start of each competition. Information regarding groups and skating times will be mailed to each participant who provides a self addressed envelope along with the entry form.

PRACTICE ICE - Practice ice will be available at each arena before the start of each competition. A schedule of Practice Ice will be posted along with the competition schedule. **Reservations with payment must be made through the arena hosting the competition.** Each practice session must be paid in full prior to taking the ice. A maximum of 20 skaters will be allowed on the ice during any one session.

MUSIC - Music for free skating programs and showcase must be provided on CD. CDs should be clearly marked with the following: skater's name, event entered, home club/arena name, and coach name. CDs should have only one track recorded and no mini CDs are allowed. CDs must be turned in at the time of registration. Time duration is always \pm 10 seconds. We encourage you to have an additional copy of the music in case of emergency.

PHOTOGRAPHER/VIDEOGRAPHER – A photographer/videographer may be available at each rink during the competitions. If so, photographs/video will be taken of all individual participants and award ceremonies. Contact the arena hosting the competition for more information.

OFFICIALS USFS Rule #1240

USFS Rule #1241 For Basic Skills Competitions three judges, not related to the competitor, are required for each event. Judges may be:

- Any official USFSA or Skate Canada Judge.
- Any qualified eligible or ineligible person in skating who is a USFSA member and/or Basic Skills member appointed by the organization conducting the Basic Skills Competition.

USFS Rule #1242 For Basic Skills Competitions, the member club or other organization sponsoring and conducting the competition shall approve all judges and officials. All persons serving as judges and officials shall be at least 16 years of age.

HOTEL ACCOMODATIONS – The following Hotels are near the participating facilities and may have agreed to offer the participants attending the competition a discounted rate.

For Pines Ice Arena

Residence Inn by Marriott
14700 Hotel Road
Miramar, FL 33027
Office: 954-450-2717
Fax: 954-450-9395

Courtyard by Marriott
14500 Hotel Road
Miramar, FL, 33027
Office: 954-450-1801
Fax: 954-450-9130

For Kendall Ice Arena

Best Western - Kendall - Hotel and Suites
8560 SW 124th Avenue
Miami, Florida 33183
(305)-271-4848
For Reservations Call 1-800-WESTERN

RAMADA Limited South Miami/Dadeland
7600 N. Kendall Drive
Miami, FL 33156
(305)-595-6000
Fax 305-279-6988

Comfort Suites
3901 SW 117th Ave
Miami, FL
(305) 220-3901

Ameri Suites
11520 SW 88th St
Miami, FL
(305) 279-8688

Miccosukee Resort
500 SW 177 Ave
Miami, FL
(305) 222-4600

For Glacier Ice & Snow Arena

Comfort Suites
1040 E. Newport Center Dr.
Deerfield Beach, FL 33442
(954)570-8887

Best Western
1050 E. Newport Center Dr.
Deerfield Beach, FL 33442
(954)570-8888

For SkateZone

Hampton Inn West Palm Beach-Lake Worth-Turnpike, FL
8205 Lake Worth Road
Lake Worth, Florida 33467
Tel: +1-561-472-5980 Fax: +1-561-472-5981

Holiday Inn
7859 Lake Worth Rd.
Lake Worth, FL US 33467
(561) 968-5000

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ELEMENTS EVENT -BASIC SKILLS CURRICULUM

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. (All skaters perform element 1 before moving on to element 2 and so on).

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3 in a row 3. Forward snowplow stop 4. Backward wiggles 2-6 in a row 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counter-clockwise 2. Backward crossovers 6-8 consecutive - both directions 3. One foot spin - minimum of three revolutions 4. Hockey stop 5. Side Toe hop -either direction
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Forward snowplow stop 4. Backward wiggles 6-8 in a row 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside three turn - R & L from a standstill 2. Bunny Hop 3. Forward spiral on a straight line - R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice 3. Two foot turn in place forward to backward 4. Backward two foot swizzles 6 - 8 in a row 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump - either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive 3. Moving forward to backward two foot turn - either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka - either direction 4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside three turn - R & L from a standstill 2. Forward outside edge on a circle clockwise or counter clockwise 3. Forward crossovers 6-8 consecutive both directions 4. Backward stroking 5. Backward snowplow stop - R or L 	

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FREE SKATE 1-6 COMPULSORY EVENT

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less
- Deductions will be made if elements from a higher level are performed

<u>Freeskate level 1 Compulsory</u> <ol style="list-style-type: none">1. Advanced forward stroking - 4-6 consecutive2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside3. Scratch spin from backward crossovers4. Waltz jump from backward crossovers5. Half flip jump	<u>Freeskate level 4 Compulsory</u> <ol style="list-style-type: none">1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise2. Forward power 3's, 2-3 consecutive sets-R or L3. Sit spin4. Loop jump5. Waltz jump/loop jump
<u>Freeskate level 2 Compulsory</u> <ol style="list-style-type: none">1. Forward outside spiral - R or L. and a forward inside spiral - R or L2. Waltz Three's - R or L3. Beginning back spin - entry optional4. Waltz jump, side toe hop, waltz jump series5. Toe loop jump	<u>Freeskate level 5 Compulsory</u> <ol style="list-style-type: none">1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral2. Camel spin3. Forward upright spin to back upright spin4. Loop/loop jump5. Flip jump
<u>Freeskate level 3 Compulsory</u> <ol style="list-style-type: none">1. Forward crossovers in a figure 82. Advanced forward outside swing rolls 4 - 6 consecutive3. Back spin4. Salchow jump5. Waltz jump/toe loop or Salchow/toe loop	<u>Freeskate level 6 Compulsory</u> <ol style="list-style-type: none">1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Freeskat 6)2. Camel, sit spin combination - minimum of 4 revolutions total3. Split jump or stag jump4. Waltz jump, ½ loop, Salchow combination5. Lutz jump



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BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Basic Programs with Music

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.

- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 +/- 10 seconds

<p><u>Snowplow Sam - Tots:</u></p> <ol style="list-style-type: none"> 1. March followed by a two foot glide and dip 2. Forward two foot swizzles 2-3-in a row 3. Backward wiggles 2-6 in a row 4. Forward snowplow stop 	<p><u>Basic 5:</u></p> <ol style="list-style-type: none"> 1. Backward outside edge on a circle clockwise or counterclockwise 2. Backward crossovers 6-8 consecutive in both directions 3. One foot spin - min of three revolutions 4. Side Toe hop -either direction 5. Hockey stop
<p><u>Basic 1</u></p> <ol style="list-style-type: none"> 1. Forward two foot glide 2. Forward two foot swizzles 6 -8 in a row 3. Backward wiggles 6-8 in a row 4. Forward snowplow stop 	<p><u>Basic 6:</u></p> <ol style="list-style-type: none"> 1. Forward inside 3-turn from a standstill - R & L 2. Bunny Hop 3. Forward arabesque spiral on a straight line R or L 4. Lunge - R or L 5. T-stop - R or L
<p><u>Basic 2</u></p> <ol style="list-style-type: none"> 1. Forward one foot glide - either foot 2. Two foot turn in place - forward to backward 3. Backward two foot swizzles 6 - 8 in a row 4. Forward alternating ½ swizzle pumps, in a straight line across width of ice 5. Moving snowplow stop 	<p><u>Basic 7:</u></p> <ol style="list-style-type: none"> 1. Forward inside open Mohawk - R to L and L to R 2. Ballet Jump either direction 3. Back crossovers to a back outside edge landing position clockwise and counter clockwise 4. Forward inside pivot
<p><u>Basic 3</u></p> <ol style="list-style-type: none"> 1. Forward stroking 2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive 3. Moving forward to backward two foot turn in either direction 4. Backward one foot glide - either foot 5. Two foot spin 	<p><u>Basic 8:</u></p> <ol style="list-style-type: none"> 1. Moving forward outside or forward inside three turns R & L 2. Waltz jump 3. Mazurka in either direction 4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge 5. Beginning one-foot upright spin - optional free foot position
<p><u>Basic 4</u></p> <ol style="list-style-type: none"> 1. Forward outside edge on a circle clockwise or counter clockwise 2. Forward crossovers 6-8 consecutive both directions 3. Forward outside 3 turn - R & L from a standstill 4. Backward stroking 5. Backward snowplow stop - R or L 	

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Freestyle 1-6 Music Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

<p><u>Free skate level 1 Compulsory</u></p> <ol style="list-style-type: none"> 1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump 	<p><u>Free skate level 4 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FI Spiral, FI Mohawk, BO spiral, clockwise or counter clockwise 2. Forward power 3's, 2-3 consecutive sets-R or L 3. Sit spin 4. Loop jump 5. Waltz jump/loop jump
<p><u>Free skate level 2 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump 	<p><u>Free skate level 5 Compulsory</u></p> <ol style="list-style-type: none"> 1. Spiral sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral 2. Camel spin 3. Forward upright spin to back upright spin 4. Loop/loop jump 5. Flip jump
<p><u>Free skate level 3 Compulsory</u></p> <ol style="list-style-type: none"> 1. Forward crossovers in a figure 8 2. Advanced forward outside swing rolls 4 - 6 consecutive 3. Back spin 4. Salchow jump 5. Waltz jump/toe loop or Salchow/toe loop 	<p><u>Free skate level 6 Compulsory</u></p> <ol style="list-style-type: none"> 1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6) 2. Camel, sit spin combination - minimum of 4 revolutions total 3. Split jump or stag jump 4. Waltz jump, ½ loop, Salchow combination 5. Lutz jump



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ADULT ELEMENTS EVENT –BASIC SKILLS CURRICULUM

- To be skated on 1/3 to 1/2 ice
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element only when directed by a judge or referee. (All skaters perform element 1 before moving on to element 2 and so on).

<p>Adult 1 Elements</p> <ol style="list-style-type: none"> 1. Forward strides and glides. 2. Forward Swizzles (4-6 in a row). 3. Backward Swizzles (4-6 in a row). 4. Forward one foot glides, right and left. 5. Snow plow stop (right or left). 	<p>Adult 3 Elements</p> <ol style="list-style-type: none"> 1. Backward inside edges on a circle, clockwise and counter clockwise. 2. Backward crossovers, clockwise and counter clockwise. 3. Inside Mohawk, right to left or left to right. 4. Beginning two foot spin. 5. Backward snowplow stop – right or left.
<p>Adult 2 Elements</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Backward ½ swizzle pumps on a circle – clockwise and counter clockwise. 3. Forward outside edges on a circle, clockwise and counter clockwise. 4. Forward crossovers, Clockwise and counter clockwise. 5. Forward Pivot – One direction only. 	<p>Adult 4 Elements</p> <ol style="list-style-type: none"> 1. Forward outside three turns, right and left. 2. Forward inside three turns, right and left. 3. Alternate back crossovers with two foot transition. 4. Footwork sequence: 3-5 forward crossovers to a inside Mohawk, 3-5 backward crossovers, step forward inside the circle.

Adult Freeskate Programs 1-4 with music

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated.

Vocal music is not allowed.

May use elements from a previous level. Deductions will be made for each element from a higher level that are skated. Time 1:30+/-10sec

Time 1:30+/-10sec

<p>Adult 1</p> <ol style="list-style-type: none"> 1. Forward strides and glides. 2. Forward Swizzles (4-6 in a row). 3. Backward Swizzles (4-6 in a row). 4. Forward one foot glides, right and left. 5. Snow plow stop (right or left). 	<p>Adult 3</p> <ol style="list-style-type: none"> 1. Backward inside edges on a circle, clockwise and counter clockwise. 2. Backward crossovers, clockwise and counter clockwise. 3. Inside Mohawk, right to left or left to right. 4. Beginning two foot spin. 5. Backward snowplow stop – right or left.
<p>Adult 2</p> <ol style="list-style-type: none"> 1. Forward stroking 2. Backward ½ swizzle pumps on a circle – clockwise and counter clockwise. 3. Forward outside edges on a circle, clockwise and counter clockwise. 4. Forward crossovers, Clockwise and counter clockwise. 5. Forward Pivot – One direction only. 	<p>Adult 4</p> <ol style="list-style-type: none"> 1. Forward outside three turns, right and left. 2. Forward inside three turns, right and left. 3. Alternate back crossovers with two foot transition. 4. Footwork sequence: 3-5 forward crossovers to a inside Mohawk, 3-5 backward crossovers, step forward inside the circle.

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Compulsory Event Test Track and Well Balanced Levels

Format: In program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

		QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> 1. Waltz jump 2. ½ jump of choice 3. Forward two foot or one foot spin (free leg position optional) 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
Beginner Compulsory	<ol style="list-style-type: none"> 1. Toe loop jump 2. Salchow jump 3. Forward scratch spin 4. Forward or backward spiral 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:00
No Test Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination to include a toe loop (may not use a loop or Axel) 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time: 1:00
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> 1. Loop jump 2. Jump combination, single/single (no axels) 3. Solo spin- sit <u>or</u> camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time : 1:00
Preliminary Compulsory	<ol style="list-style-type: none"> 1. Flip jump 2. Single/single Jump combination (may use Axel) 3. Camel spin 4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included. 	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time : 1:15

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Adult Compulsory Requirements

Adult Pre Bronze Compulsory Program	<ol style="list-style-type: none">1. Two (2) different jumps, either one-half (1/2) or one (1) full revolution.2. A one foot upright spin (Minimum 3 revolutions in position).3. A two foot upright spin (Minimum 3 revolutions in position).4. Crossovers – Forward and backward either direction).5. Lunge or spiral	Time 1:15 max
Adult Bronze Compulsory Program	<ol style="list-style-type: none">1. Two different single jumps of which one must be a Salchow or toe loop.2. One (1) jump combination consisting of a waltz jump and a toe loop (no turn or change of foot between jumps).3. One upright spin (minimum 3 revolutions in positions).4. Sit spin (minimum 3 revolutions in position).	Time 1:15 max

INTERPRETIVE PROGRAM

COMPETITION RULES

The Organizing Committee must pre-select and edit musical choices appropriate for these events. During warm-up skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

LEVELS:

Limited Beginner, Beginners, Pre Preliminary, Preliminary.

JUDGING RULES:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.

Spins and jumps performed must be appropriate to competition level.

TIMING:

Music Duration Limited Beginner- No Test: 1:15 minute

Pre-preliminary- Preliminary: 1:30 minute



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Test Track Music Event

Skaters may enter EITHER test track free skate program or the well-balanced track free skate program but **NOT** both during the same non-qualifying competition. Competitors will skate to music of their choice, vocal music permitted.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner	Two upright spins, no change of foot (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: Up to 1:30 +/- 10
Beginner	Two upright spins, change of foot optional (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests	Time: 1:30 +/- 10
Pre-Preliminary Test	Two solo spins of a different nature, no change of foot (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:30 +/- 10
Preliminary Test	Two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:30 +/- 10

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Well-balanced Program Requirements

(U.S. Figure Skating rulebook requirements)

No Test Free skate	A well balanced program consisting of: Jumps: maximum of 5 jump elements. No axels or double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3721 for more information</i>	May <u>not</u> have passed any official U.S. Figure Skating free skate tests.	Time: 1:30+/-10
Pre-preliminary Free skate	A well-balanced program consisting of: Jumps: maximum of 5 jump elements. Axels allowed. No double jumps permitted. Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ ice surface <i>Refer to U.S. Figure Skating rulebook #3711 for more information</i>	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test	Time: 1:30 +/-10
Preliminary Free skate	A well-balanced program consisting of: Jumps: maximum of 5 jump elements, one of which must be an axel/waltz jump-type jump Spins: maximum of 2 spins of a different nature Steps: one step sequence utilizing ½ the ice surface <i>Refer to U.S. Figure Skating rulebook #3701 for more information</i>	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.	Time: 1:30 +/-10

Adult Levels			
Adult Pre-Bronze Freeskate	Refer to USFSA Rulebook #32.09 for requirements.	Must have passed the Adult Pre-Bronze Freeskating	Test. Time: 1:40 max.
Adult Bronze Freeskate	Refer to USFSA Rulebook #32.10 for requirements.	Must have passed the Adult Bronze Freeskating Test	Time: 1:40 max.



USFS South Florida Basic Skills Series

Pines Ice Arena, Kendall Ice Arena, Glacier Ice & Snow Arena and SkateZone

SPIN EVENTS	SHOWCASE EVENTS
<ul style="list-style-type: none">• Groups will be divided by level• Program Duration 1:00min max• Program to be skated on ½ ice• Deductions will be made if element from higher levels are performed <p>Beginner level (Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests)</p> <p>2 foot spin, Forward Scratch Spin, Beginning Back Spin</p> <p>Pre-Preliminary level (Must have passed Pre-Preliminary Test)</p> <p>Forward Scratch Spin, Back Scratch Spin, Sit Spin</p> <p>Preliminary Level</p> <p>Sit Spin, Camel Spin, Back Scratch Spin</p> <p>Adult Pre-Bronze</p> <p>2 foot upright spin, 1 foot upright spin</p> <p>Adult Bronze</p> <p>1 foot upright spin, 1 foot back spin (entry optional), Sit Spin</p>	<p>Beginner (Freestyle Levels), Pre Preliminary, Preliminary, Adult Pre Bronze and Bronze levels 1:30 +/- 10 sec.</p> <ol style="list-style-type: none">1. Theme of skater's choice2. May have music with words3. Judging to emphasize interpretation of music and artistic value instead of technical elements Costumes that complement music4. May use hand props or those skater can get on and off ice without assistance.

Series Point System

The Freeskating Events and the Compulsory/Elements events in each of the 3 Series Competitions will be eligible for accumulating points.

The system for scoring points for the final trophy will be as follows:

Each event will have a maximum of 6 skaters

1 st Place	6 points
2 nd Place	5 points
3 rd Place	4 points
4 th Place	3 points
5 th Place	2 points
6 th Place	1 point

If an event has less than 6 skaters, the points will be adjusted. ie. For a group of 3 skaters the 1st place would receive 3 points, 2nd place would be 2 points and 3rd place would be 1 point.

ALL SKATERS WHO PARTICIPATE IN AT LEAST THREE OF THE FOUR COMPETITIONS IN THE SERIES WILL BE ELIGIBLE TO WIN A TROPHY WITH AN OVERALL PLACEMENT. PLEASE NOTE THAT ONLY THE ELEMENTS/COMPULSORY AND FREESKATE EVENTS COUNT IN THE FINAL POINTS TABULATION. POINT RESULTS WILL BE POSTED ON: basicsskillsflorida.com

PLEASE NOTE: SPIN, INTERPRETIVE AND SHOWCASE EVENTS WILL NOT BE COUNTED IN THE FINAL STANDINGS.

USFS South Florida Basic Skills Series

Pines Ice Arena, Kendall Ice Arena, Glacier Ice & Snow Arena and SkateZone

ENTRY FORM This entry form is for only one of the USFS South Florida Basic Skills Series Competitions. A separate application and payment is necessary for each of the three competitions. Check one of the following:

Pines Ice Arena Kendall Ice Arena Glacier Ice & Snow Skate Zone

Name _____ Age _____ Sex _____
Last First

Address _____ City _____

State _____ Zip _____ Email _____

Area Code/Phone # _____ Birth date _____ USFSA Number _____

Current Skating Level _____ Last USFSA Level Passed _____

Home Rink **or** name of Club that I represent _____ Coach's name _____

Coach Phone # _____ Coach's Email _____

Please check the event(s) you are entering:

- | | | | |
|---|---|---|---|
| <p>Snowplow Sam (Tots)
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 1
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 2
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 3
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 4
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 5
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 6
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 7
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Basic 8
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> | <p>Freeskate 1
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase</p> <p>Freeskate 2
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins</p> <p>Freeskate 3
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins</p> <p>Freeskate 4
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins</p> <p>Freeskate 5
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins</p> <p>Freeskate 6
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins</p> | <p>Adult 1
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Adult 2
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Adult 3
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Adult 4
 <input type="checkbox"/> Elements
 <input type="checkbox"/> Solo Program</p> <p>Limited Beginner
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Freeskate
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Interpretive</p> <p>Beginner
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Freeskate
 <input type="checkbox"/> Showcase (Freeskate 1 to Beginner)
 <input type="checkbox"/> Spins (Freeskate 1 to Beginner)
 <input type="checkbox"/> Interpretive</p> <p>Pre Preliminary
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Test Track FS Program
 <input type="checkbox"/> Well Balanced FS Program
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins
 <input type="checkbox"/> Interpretive</p> | <p>Preliminary
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Test Track FS Program
 <input type="checkbox"/> Well Balanced FS Program
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins
 <input type="checkbox"/> Interpretive</p> <p>Adult Pre-Bronze
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins</p> <p>Adult Bronze
 <input type="checkbox"/> Compulsories
 <input type="checkbox"/> Solo
 <input type="checkbox"/> Showcase
 <input type="checkbox"/> Spins</p> |
|---|---|---|---|

7th Annual

USFS South Florida Basic Skills Series

Pines Ice Arena, Kendall Ice Arena, Glacier Ice & Snow Arena and SkateZone

ENTRY FEE IS \$55.00 FOR 1st EVENT AND \$25 PER EACH ADDITIONAL EVENT

First Event	\$	_____
Additional Event	\$	_____
Additional Event	\$	_____
Personal Program ad	\$	_____
Total:	\$	_____

The completed entry form, with fees, must be postmarked no later than one month before the scheduled start date for each arena's competition.

Make check or money order payable to the appropriate host rink and mail to: Host Arena c/o Competition Chairman. *Please note: This application is for only one of the competitions in the USFS South Florida Basic Skills Series. A separate application must be filled out for each competition. For additional information call or email the contacts for the competition you are entering:*

Pines Ice Arena Competition Chairman, 954-704-8700 Ext. 104
Email: rachel@pinesicearena.com

Kendall Ice Arena, Competition Chairman, Kent Johnson 305-386-8288
Email: sk8johnson@hotmail.com

Glacier Ice and Snow Arena, Competition Chairman, Lisa Smith 954-943-1437
Email: LisaS@glaciericeandsnow.com

SkateZone Competition Chairmen, Jason Kane/Jennifer Kane 561-963-5900 ext. 307
Email: jk@pbicezone.com

IMPORTANT---ENTRY FEES ARE NOT REFUNDABLE AFTER THE ENTRY DEADLINE UNLESS THE EVENT IS CANCELED BY THE HOST RINK.

Certification of Competitor: The Competitor is eligible to enter the events checked. It is agreed that the competitor and family holds USFS, Glacier Ice and Snow Arena, Kendall Ice Arena, SkateZone and Pines Ice Arena harmless from any and all liability either during practice or the competition, and from any and all liability for damages to or loss of property.

Parent/Guardian Signature _____ **Date** _____

***Instructor Signature** (Coach certifies that his/her student is competing at the correct level).

Coach: _____ **Date** _____

***Program Director/Club Officer** _____ **Date** _____

COMPETITOR SIGNATURE _____ **Date** _____

*It is strongly recommended that the instructor and authorized USFS Club Officer/Program Director sign AFTER the parents have filled out the form to assure correctness.

USFS South Florida Basic Skills Series


Pines Ice Arena, Kendall Ice Arena, Glacier Ice & Snow Arena and SkateZone

1




Ashley,
SK8 Great!
Love Mom & Dad

2




Maria,
Skate Because You
Love It!

3



Smile and point your
heel!
Coach Bob

4




Go Freddy. Go!
We know you can do it!
Aunt Betty

5



Good Luck,
Little Suzy!
Grandma & Grandpa!

6




STEVE,
"OLD SKATERS
NEVER DIE, THEY
JUST GO OFF THEIR
ROCKER!"

7



2,4,6,8, Show them
how to Figure
Skate! Go Mary!
Love Dad!

8



*If it was easy,
they'd call
it...Hockey!*
Love Mom & Dad!

9



Go for the
"GOLD"!
Love, Mom and
Dad!

Name _____

Phone _____

**Personal Program Ads
\$10.00 each**

Select by ad # Print the message you want on your ad in the box below! Please be aware that space limitations apply!

<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

Amount

Total: _____